

**May 2012**

# **Hi Lites of Lutheran Manor**



# Mark Your Calendar

## Welcome New Residents

504 - Gloria Cimikasky

<b>May 3</b> (Thursday)	Blood Pressure	6 p.m.	Lounge
<b>May 5</b> (Saturday)	Spring Bazaar	10 a.m.	Lounge
<b>May 6</b> (Sunday)	Concert	6 p.m.	Lounge
<b>May 7</b> (Monday)	Tenant Council Meeting	1:30 p.m.	Ceramics
<b>May 7</b> (Monday)	Speaker "Diabetic Diet"	2 p.m.	Lounge
<b>May 8</b> (Tuesday)	General Meeting (8th Floor responsible for snacks)	2 p.m.	Lounge
<b>May 12</b> (Saturday)	Coffee & Donuts	8 a.m.	Lounge
<b>May 12</b> (Saturday)	Pinochle Party	12:30 p.m.	Lounge
<b>May 14</b> (Monday)	Speaker "Travel PA"	2 p.m.	Lounge
<b>May 16</b> (Wednesday)	Book Club	2 p.m.	Patio
<b>May 18</b> (Friday)	Milestone Birthday Celebration	2 p.m.	Lounge
<b>May 19</b> (Saturday)	Soup & Hot Dogs	11 a.m.	Lounge
<b>May 19</b> (Saturday)	Wii Bowling Picnic	6 p.m.	Patio
<b>May 20</b> (Sunday)	Movie Night	7 p.m.	Lounge
<b>May 21</b> (Monday)	Therapy Dog	11 a.m.	Lounge
<b>May 25</b> (Friday)	Speaker "Insurance"	2 p.m.	Lounge
<b>May 28</b> (Monday)	Memorial Day	Office closed	
<b>May 28</b> (Monday)	Day Picnic		Memorial 1 p.m.
	Lounge		



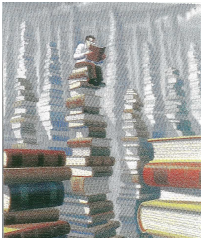
# Coming events

## JUNE

Saturday	6/2	Coffee & Donuts	8 a.m.
Saturday	6/2	Pinochle Party	12:30 p.m.
Friday	6/8	Outdoor Picnic	12 p.m.
Sunday	6/10	Pie Ala Mode Party	6 p.m.
Saturday	6/16	Soup & Hot Dogs	Frank w/accordion 11 a.m.

### **The Lutheran Manor**

**Book Club** will meet Wednesday, May 15 at 2 p.m. in the patio. Walter Savage Landor, English writer and poet, (1775-1864) said, "What is reading but silent conversation." But we enjoy talking about our books. Let us hear about yours.



## Computer Lab

**Getting Started on the Computer**  
This class is for new residents and anyone who wants to start using a computer

**Mon., May 7 & 21**  
**1 to 3 p.m.**

**Please sign up with Miki.**

# Play Ball!

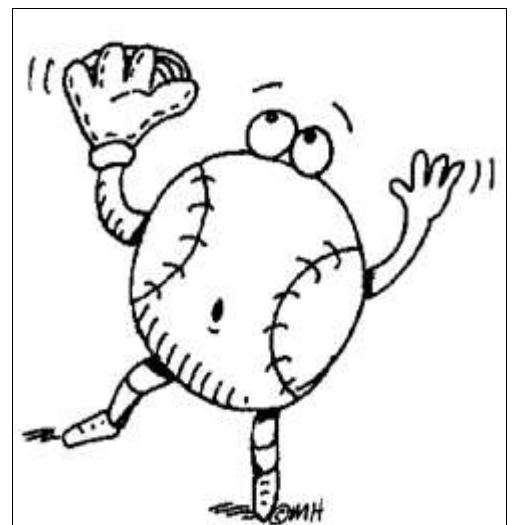
Join us for Baseball! We will be going to the following Iron Pigs Games this summer. If you want to go, please sign up with Don, apt. 508.

**Fri., June 8, Van will leave at 6 p.m.**

**Fri., July 6, Van will leave at 6 p.m.**

**Sat., Aug. 11, Van will leave at 5 p.m.**

**Tickets are \$10 each.**





## Coffee & Donuts

Saturday, May 12  
8 to 10 a.m.

\$1.75 coffee & donut  
.75 additional donut  
Friends and Family  
Welcome



# The Snack Stand

## Snacks available

**Mondays** from 4 to 8 p.m.  
**Wednesdays** from 4 to 7 p.m.  
In the Main Lobby



## Soup & Hot Dogs

Saturday, May 19  
11 a.m. to 1 p.m.

SOUP: Lobster Bisque \$2.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

PICKLED BEETS \$.50

DESSERT: Ice Cream & Strawberries  
\$2.50

SODA OR COFFEE: \$1.00

**Entertainment:**  
**Bill Murray Band**

50/50 Drawing  
Candy will be sold too!

Friends and Family Welcome!

## MAY CONCERT



Sunday, May 6  
6 p.m.

Entertainment by:  
The Occasions

50/50 drawing  
Good Will Offering  
Light Refreshments



Put your dancing shoes on and  
join us for fun and music!



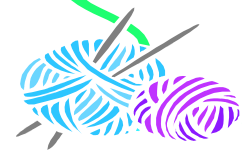
# "Yarning Around"

**Sundays, 2 to 4 p.m.  
Patio**

The knitting/crocheting group started in April with an overwhelming response. If you are interested in getting together for some fun, along with an exchange of ideas, patterns, or just HELP - please join us on Sunday afternoons. Come and go at your leisure.

We welcome all beginners or those who want to re-start projects. If you have any questions, please contact **Phyllis in Apt. #307 or Connie in Apt. # 309.**

We look forward to seeing you all!



## Information Update

If any of your emergency and medical information has changed, please be sure to let Miki know. We want to make sure that your emergency information sheet is up to date in case you need to call paramedics in.

Also, please be sure to keep that sheet in the plastic sleeve by your water heater. That is where the paramedics know to find it. Especially, after your kitchen is remodeled, be sure to return that plastic sheet to the space by your water heater.



## MOVIE NIGHT

Sunday, May 20; 7 p.m.

*"Hachi, A Dog's Tale"*

Join us for this heart warming tale of a college professor who takes in an abandoned dog and the bonds that form between man and canine. This movie is based on a true story.

# Miki's



# Corner

## Diabetic Diet

**Mon., May 7,  
2 p.m.**

**EAT TO BEAT  
DIABETES**



So, your doctor says you have diabetes. What now? Should you change your diet? Heather Morris, of PatientCare, will be here to talk about that subject. She will explain why it is important for diabetics to be mindful of what they are eating and how to eat to keep your diabetes under control.



## Travels through Central PA

**Mon., May 14,  
2 p.m.**

We are going to experience the people, places and quirks of Central PA. George Frothingham, of United Healthcare, is going to share with us his encounters as he traveled through Pennsylvania. Hear about the funny and sometimes heart breaking experiences and people he has met.

## Milestone Birth- day Party

**Fri., May 18, 2 p.m.**



It is time for our annual celebration honoring our residents who are turning 90 or 95 this year. Rep. Steve Samuelson will be here to present a special citation to these residents. Join us for the celebration. Coffee and cake will be served.

## What Medicare Doesn't Cover

**Fri., May 25, 2 p.m.**

Did you know that Medicare doesn't cover your dental care, vision care or hearing aids? John Strickland, an independent insurance advisor, will be here to talk about these things not covered by Medicare and what you can do so you are not overwhelmed by medical costs.



**Therapy Dog**  
**Mon., May 21, 11 a.m.**  
Miz Daisy and  
Alice Romberger

## Massage Therapy....

**Weds., May 9 and May 23, 9 a.m. to 2 p.m.**

If you are interested in massage, please sign up in Miki's office.





## Prayer isn't just for emergencies....

A man in a row boat was caught in a storm. As the waves beat against his little craft he cried out, "God I haven't called on you for fifteen years. If you save me this time, I promise not to bother you again for another fifteen years!"

Many of us are like that. We make prayer an emergency hatch. We may even think we are bothering God when we call upon him. Yet all the time God stands by, ready to come into our lives to bring us good

A day-by-day partnership with God is the only guaranteed way to peace. With his presence to guide us, we have nothing to fear in the unknown tomorrow.

"Ask and it will be given to you," he has promised. "Seek and you will find; knock and it will be opened to you." What a thrilling thing is this promise from God---our God of all power.

Chaplain Clark +

### MAY WORSHIP- 2 pm in the Lounge

Tuesday, May 1 Father Pat Lamb, Notre Dame RC Church, Bethlehem

Thursday, May 10 Pastor Jay Wetzel, St. John's Lutheran, Bath

Thursday, May 17 Pastor Larry Burd, Calvary Baptist Church, Easton

Thursday, May 24 Pastor Donald Schwartz, Grace Lutheran, Bethlehem

Thursday May 31 Pastor Jim Stahley, Calvary Wesleyan, Bethlehem



BIBLE STUDY- Mondays at 1 pm in the patio. Presently studying *The Letter of James*.

LET'S TALK ABOUT IT (Life Bio)- every Thursday at 10 am in the patio. Interesting and enlightening conversations about "almost" everything. Come and see for yourself!

SIGHT AND SOUND TRIP to see Jonah on May 23<sup>rd</sup>. More info elsewhere in this *HiLites*.



### SOMETHING TO THINK ABOUT...

The Longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness, or skill. It will make or break a company a church a home.

The remarkable thing is we have a choice everyday regarding the attitude we embrace for that day. We cannot change our past we cannot change the fact that people act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one thing we have, and that is our attitude.

I am convinced that life is 10% of what happens to me and 90% of how I react to it. And so it is with you we are in charge of our ATTITUDES. ...

Anonymous

## *Note from the Manager...*

The Lutheran Manor Annual Picnic has been changed to FRIDAY JUNE 8TH. We have a delicious menu planned. Food is being served from 12:00 until 2:00-- There will be plenty of food for everyone so join us at your leisure! We ask no one arrives before 12:00pm. Music will begin at 1:30pm. Come enjoy a great day with us!!!

The new conference room is complete! It is a beautiful and modern room, includes seating for 15 people, cable TV, and a buffet area. If you would like to spend time in this room during your apartment renovation, please make arrangements with me.

I am thrilled that the Wii bowling league is such a success! We have several different games and a brand new TV. If you haven't had a chance to check it out, come down to the lounge and join in on the fun!

Every month I encourage you to "get involved". Between shuffle board, billiards, Wii, cards games, book club, bible study, bingo, the new knitting group, etc. There is ALWAYS something going on at Lutheran Manor. Have some laughs with your fellow neighbors and get out of your apartment this summer!!

Staying active is easy to do at Lutheran Manor. Now that the weather is getting warmer, remember to stay fit. Take daily walks outside or join our exercise classes. We offer exercise and yoga classes. Its free and available right here on site. Stay healthy, stay fit!!

We have many years experience with our van trips. Over the years we have tried many different ways to pick trips, plan trips and run trips. We have had a lot of success and many failures. Because we have learned from those failures, we now have a particular routine we follow regarding our trips. Our main goal is to offer our trips to "everyone". If we change the schedule in the middle of a trip, we no longer offer that. I ask you to respect our procedure. Please do not ask or attempt to influence our van driver to change a trip. If you have trip suggestions or feedback, please see myself or Miki Weaver at your convenience.

Enjoy the weather...

*Courtney*  
Property Manager

## **Trips to Notice...**



**June 10 - Artifest** - This event is held on the grounds of the Museum of Indian Culture. Enjoy endless entertainment of live music and dance performances, mouth watering foods, craft exhibits, cultural heritage demonstrations, cooking demonstrations and more. Cost: \$4

**June 19 - Schnecksville Community Fair** - Step back in time to a good old country fair. Animals, music and entertainment, lots of food, rides and more. Cost: \$5.

**June 24 - Rose Garden Concert** - Enjoy the melodic sounds of the Bethlehem Municipal Band. Always a favorite, this band will get your feet tapping. This is a free event.





# MEMORIAL DAY PICNIC

Monday, May 28, 2012  
1 p.m. in the Lounge

## MENU:

Hamburger BBQ  
Turkey BBQ in natural sauce  
Baked Beans  
Potato Salad  
Macaroni Salad  
Chips  
Fruit Salad

Dessert  
Coffee or Iced Tea  
Soda available for \$1.00

Coordinator: Ronnie Clifford

## Cost:

\$10 per person  
\$12 per guest (limit two)

Entertainment by  
**Frank Davidock**  
Keyboard, vocals and "strolling  
with his accordion"



*50/50 Chances  
3 for \$1.00*

You may reserve a table for 6 or 12 people before the deadline date



**Memorial Day Picnic**

(I am reserving a table for 6 or 12 \_\_\_\_\_)

Write names on back #guests \_\_\_\_\_

**Put slip under Marge Bachemin's door #705 with cash in envelope**

NAME: \_\_\_\_\_ Apt.# \_\_\_\_\_

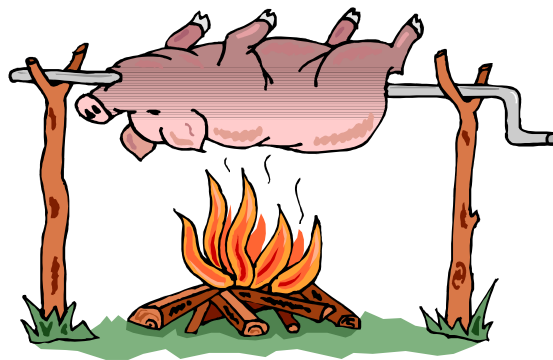
PHONE: \_\_\_\_\_

**If you are a veteran, write your name and branch**

**NAME:** \_\_\_\_\_ **Branch:** \_\_\_\_\_

**Deadline for Reservations, Weds., May 23**

# SUMMER COOKOUT AND PIG ROAST



**Friday, June 8, 2012**

**Lunch served 12:00 p.m. to 2 p.m.  
Entertainment By Bill Murray Band  
from 1:30 p.m. to 3:30 p.m.**

This is a FREE event,  
All food will be served OUTSIDE, behind the building. (Weather permitting)

## MENU

Roasted Pig; Hot dogs; Hamburgers  
Potato Salad; Macaroni Salad; Pasta Salad; Baked Beans  
Deviled Eggs  
Assorted Desserts  
Soda and Water

Catering by Kesslers



### Summer Cookout and Pig Roast

**Please return this slip to the Miki's office.**

Name: \_\_\_\_\_

Apt. #: \_\_\_\_\_ #Attending \_\_\_\_\_ (residents only)

**Deadline for Reservations, Friday, June 1**



# Spring Bazaar

*Sat., May 5, 2011  
10 a.m. to 2 p.m.*

**Arts & Crafts**



**Baked Goods**



*Luncheon*

*Kitchen opens at 11 a.m.*



**50/50 chances**



**Plants**

**White Elephant**

*Lutheran Manor Apartments  
2085 Westgate Drive, Bethlehem, PA*





# Spring Bazaar

Doors open at 10 a.m.

Kitchen will open at 11 a.m.

**Arts & Crafts:** Bring items to the lounge on Saturday, May 5 at 8 a.m.

**Bake Sale:** Doors will open at 10 a.m. (no earlier). We will take donations for the bake sale-cookies, cupcakes, candy etc., Please bring these items to the lounge by 8 a.m.

**White Elephant:** Bring your items down to the lounge on the following Fridays: **April 6 & April 27; 2 to 4 p.m.** No clothing please.

Remember this will be our primary fund raiser for the year

Thank you,  
**Coordinator, Ken Clifford**

**The Lutheran Manor Residents Association will be selling Raffle tickets.  
The drawing will be on Sat., May 5 at 1:30 p.m.  
You do not need to be present to win.**

## Cash Prizes

- 1st - \$100
- 2nd - \$ 50
- 3rd - \$ 50
- 4th - \$ 50
- 5th - \$ 25
- 6th - \$ 25
- 7th - \$ 25
- 8th - \$ 25

## Tickets:

**\$1.00 each or  
6 for \$5.00**



## Ticket Sellers 2011

### Floor

- 1 & 2: Eleanor Smith, #219 &
- 3: Elaine Groller, #319
- 4: Mary Sheaffer, #408
- 5: Joan Bobich, 516
- 6: Ken Clifford, # 610
- 7: Joanne Azsli, #714
- 8: Jennie Kuhns, #813
- 9: Herb Dorrow, #902
- 10 & 11: Bill Venzni, #1014

### Thanks to our Committees:

**Kitchen:** Grace Fella

**Arts & Crafts:** Kathy Miller

**Plants:** Mary Sheaffer

**White Elephant:** Marge Bachemin

**Bake Sale:** Lillian Yanzsa

**Ice Cream & Coffee:** Elaine Groller

**50/50 Stand:** Joanne Azsli







# Spring Bazaar

Doors open at 10 a.m.;

Kitchen opens at 11 a.m.

Lunch Order	Cost	Quantity	Total
Turkey BBQ	\$2.00	_____	_____
Hot Dog	\$1.50	_____	_____
Circle: onions   kraut   chili   cheese   catsup   mustard			
Soup: Chicken Noodle	\$2.00	_____	_____
Creamed Cabbage	\$ .75	_____	_____
Chips	\$ .50	_____	_____
Ice Cream Sundae	\$2.50	_____	_____
Coffee or Hot Tea	\$1.00	_____	_____
Soda	\$1.00	_____	_____
	<b>Order Total:</b>		_____

NAME: \_\_\_\_\_

Take to Kitchen (Lounge) on May 5. Thank you



# Van Trips



# June 2012

DATE	TRIP	TIME
June 4 (Monday)	Banks, P.O., CVS, \$ Store	9:30 a.m. _____
June 6 (Wednesday)	Weis	9:30 a.m. _____
June 8 (Friday)	Ironpigs Baseball (Sign up with Don)	6:00 p.m.
June10 (Sunday)	Artifest	9:45 a.m. _____
June11 (Monday)	Valley Farms	9:30 a.m. _____
June14 (Thursday)	All you can eat spaghetti	4:15 p.m. _____
June15 (Friday)	Target/Christmas Tree Shop/AC Moore	9:45 a.m. _____
June18 (Monday)	Breakfast/Bethlehem Diner	8:30 a.m. _____
June19 (Tuesday)	Schnecksville Community Fair	4:45 p.m. _____
June20 (Wednesday)	Giant	9:30 a.m. _____
June23 (Saturday)	Hunterdon Hills	10:00 am.
June24 (Sunday)	Rose Garden Concert	6:30 p.m. _____
June26 (Tuesday)	Hometown Flea Market	8:30 a.m. _____
June27 (Wednesday)	Lunch/Brass Rail	11:00 a.m. _____
June28 (Thursday)	Breakfast/Walmart	8:30 a.m. _____

Bring this completed sheet to Miki's office after 9 a.m. the first morning the office is open after you receive your newsletter.

NAME: \_\_\_\_\_ APT.: \_\_\_\_\_

**Please note: There are no unscheduled stops on any trip. The van will only go to the places listed on the schedule. Do not ask the driver to deviate from the schedule.**



# MAY 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
6 2:00 Knitters 6:00 Concert	7 10:00 Exercise 1:00 Bible Study 1:00 Computers 1:30 Comm. Mtg. 2:00 Speaker 6:00 Bingo	8 2:00 Notre Dame Catholic Church	9 10:00 Exercise 2:00 Balance 6:30 Poker League	10 10:00 Life Bio 2:00 St. Johns Lutheran Rev. Wetzel	11 11:30 Food Boxes 1:00 Yoga 6:00 Wii Bowling League	12 8:00 Coffee & Donuts 12:30 Pinochle Party
13 2:00 Knitter	14 10:00 Exercise 1:00 Bible Study 2:00 Speaker 6:00 Bingo	15	16 10:00 Exercise 2:00 Balance 2:00 Book Club 6:30 Poker League	17 10:00 Life Bio 2:00 Calvary Baptist Rev. Burd	18 1:00 Yoga 2:00 Milestone Birthdays 6:00 Wii Bowling League	19 11:00 Soup & Hot Dogs 6:00 Wii Bowling Picnic
20 2:00 Knitters 7:00 Movie	21 10:00 Exercise 11:00 Therapy Dog 1:00 Bible Study 1:00 Computers 6:00 Bingo	22	23 10:00 Exercise 2:00 Balance 6:30 Poker League	24 10:00 Life Bio 2:00 Grace Lutheran Rev. Schwartz	25 1:00 Yoga 2:00 Speaker	26
27 2:00 Knitters	28 1:00 Memorial Day Picnic <b>Office Closed</b>	29	30 10:00 Exercise 2:00 Balance 6:30 Poker League	31 10:00 Life Bio 2:00 Calvary Wesleyan Rev. Stahley		

## June 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30